

Mental health is what I got  
yeah I gotta make it STOP

If you really gonna stop  
you take yo meds like it or not

(hook) take yo meds  
take yo meds  
take, take, take yo meds

take yo meds or you'll be stuck  
being played like a hockey puck

thinkin and wishin you had some help  
feelin like you're bout to melt

(repeat hook)

people always pickin on me cuz I'm  
small  
when I'm at school they push me  
to the wall

to walk away from it takes all  
I got  
cuz I took my meds like it or not