



# Ways to Capture and Utilize Youth Voice

Lauren Cohen, Youth Coordinator  
Via Hope

# Ways to capture youth voice

- Spectrum – Informal to formal
- Techniques that have been brought up:
  - Have a youth suggestion box
  - Ask youth what they think about things
  - Hold a focus group
  - Interview individual youth
  - Invite youth to participate on specific projects
  - Create youth adult partnerships to make services more youth friendly

# Polling Question

- What techniques have you used to capture youth voice?
  - Focus Group
  - Asked youth what they thought about services offered
  - Invite youth to participate in special projects
  - Create space for youth in partnership with adults on decision-making committees or groups
  - Other
  - None

# How Via Hope Utilizes Youth Voice

- Built a youth mental health advocacy network utilizing youth voice
  - Took several youth voice capturing efforts to put together
  - Continue to utilize new ones and to grow
- Other ways we utilize youth voice to create change

# Lessons Learned